What's in your hand luggage

☐Lip Balm
☐Plenty of changes of clothes
☐Comfortable clothes including hoodies
☐Passport
☐Tickets
☐Your visa
☐Important document (see documents you will need).
☐Pillows
☐Eye masks
☐Ear plugs
☐Chewing gum to help your ears stop popping
☐Phones and electronic devices fully charged
☐Download lots of films, music etc before leaving.
☐Headphones
☐Charging packs and cables
☐Books
☐Dry shampoo
☐Deodorant
☐Toothpaste and toothbrushes
☐Face wipes
☐Moisturiser
☐Make up
☐Hairbrush
☐Hair ties
☐Pro plus
☐Paracetamol
☐A week's worth of any medication
☐Plasters
☐Sunscreen
☐Hand sanitiser
☐Sunglasses

☐Hay Fever Tablets as needed

With babies include:

☐Nappies
☐Wipes
☐Nappy bags
☐Dummies
☐Toys
☐Blankets
☐LOTS of changes of clothes
☐Baby chair
☐Stuffed animals

If formula feeding:

☐Formula
☐Empty bottles
☐Empty Thermos to fill with hot water

With kids include:

☐Books
☐Colouring book and pencils
☐Small games
☐Blanky
☐Stuffed animals